

TALK #1 ~ Who Am I?

The purpose of the "Who Am I?" talk is to share who you are through revealing stories and experiences that have been meaningful to you and have helped you to become who you are today. This talk should help the weekenders share who they are with the members at their table.

In preparing your talk, reflect on who you were in the past:

1. Talk about significant events and people who have shaped who you are. Tell of adults and youth that have influenced you to make you who you are.
2. Talk about how you felt when you were changing. Talk about the concept of aloneness and alienation, recognizing what everyone can relate to this.
3. It is important that you let the weekenders know that this is a serious topic - be sincere. But a sense of humor, when appropriate, is good, too. This first talk does not have to be a heavy talk, so that weekenders will feel more comfortable sharing who they are.
4. Share stories and experiences of how you became who you are today.
5. Make sure to share with the weekenders your weaknesses as well as your strengths. For example, you may want to share something about yourself, which you still want to change something you are not proud of.
6. If you have a favorite Bible verse that speaks to who you are, share this with the group.
7. Type up the words to your song and have them run off PRIOR TO THE WEEKEND (about 80 copies) to give to the tables so the weekenders can better understand their message as the song is being played.